

HONOR ROLL

Disability in Kidlit reviews a lot of books featuring disabled characters; so many, in fact, that it's become difficult for readers, librarians, and teachers to have an easy overview of books worth reading and adding to their collections. In the interest of making that search easier, we would like to introduce ...

The official **Disability in Kidlit Honor Roll**, a vetted list of books we enthusiastically recommend.

If you have questions, such as how to suggest a title for the list or which books qualify, please see [our Honor Roll FAQ](#). We also have [a list with UK editions only](#).

If you want to stay up-to-date on new additions to the Honor Roll, please subscribe to [our newsletter](#).

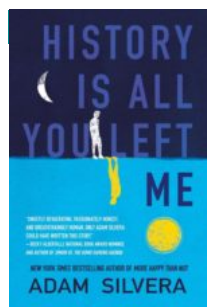
Category

middle grade young adult

Disability

Genre

Sort by publication year



HISTORY IS ALL YOU LEFT ME

Author: Adam Silvera

Publisher: Soho Teen (2017)

ISBN: 9781616956929

Griffin struggles with the death of his ex-boyfriend Theo and his relationship with Theo's new boyfriend Jackson. Told in dual timelines, *History Is All You Left Me* features a nuanced portrayal of OCD.



THE REAL BOY

Author: Anne Ursu

Publisher: Walden Pond Press / HarperCollins (2013)

ISBN: 9780062015075

This lush fantasy story stars an autistic protagonist whose portrayal is immersive and utterly believable.

[READ OUR REVIEW](#)

FIVE FLAVORS OF DUMB

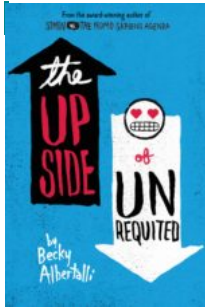
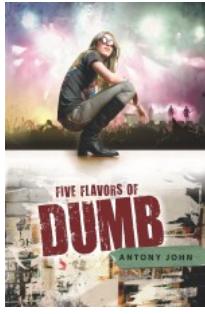
Author: Anthony John

Publisher: Dial / Penguin (2010)

ISBN: 9780803734333

A deaf girl decides to become manager of a high school rock band whose members don't get along.

[READ OUR REVIEW](#)



THE UPSIDE OF UNREQUITED

Author: Becky Albertalli

Publisher: Balzer & Bray / HarperCollins (2017)

ISBN: 9780062348708

Molly — who is Jewish, fat, and has an anxiety disorder — has had twenty-six crushes and zero kisses. When her twin sister finds a girlfriend, she tries to set Molly up with a new guy.



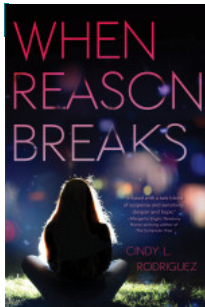
EL DEAFO

Author: Cece Bell

Publisher: Amulet / ABRAMS (2014)

ISBN: 9781419710209

Author/illustrator Cece Bell recounts her experiences growing up deaf and seeking true friendship.



WHEN REASON BREAKS

Author: Cindy L. Rodriguez

Publisher: Bloomsbury (2015)

ISBN: 9781619634121

A thoughtful and important read about two teens girls experiencing depression in different ways.

[READ OUR REVIEW](#)



KINDA LIKE BROTHERS

Author: Coe Booth

Publisher: Scholastic (2014)

ISBN: 9780545224963

Jarrett, who has asthma, is used to his mom bringing home foster babies – but now, she's taken in a kid Jarrett's age, and he's forced to share everything from his room to his school.

[READ OUR REVIEW](#)

OTHERBOUND

Author: Corinne Duyvis

Publisher: Amulet Books / ABRAMS (2014)



ISBN: 9781419709289

With Nolan's every blink, he witnesses the life of a servant girl from another world. He's already lost his leg as a result of his constant distraction – and their inexplicable connection may soon lose the both of them far more.

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THIS IS NOT A TEST

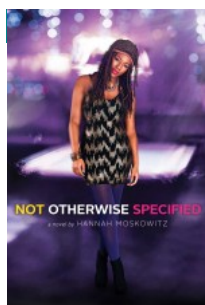
Author: Courtney Summers

Publisher: St. Martin's Press / Macmillan (2012)

ISBN: 9780312656744

The apocalypse is supposed to be about survival – but what if you don't want to survive? This zombie horror novel features a deft portrayal of depression.

[READ OUR REVIEW](#)



NOT OTHERWISE SPECIFIED

Author: Hannah Moskowitz

Publisher: Simon Pulse / Simon & Schuster (2015)

ISBN: 9781481405966

A former ballerina in recovery for an eating disorder makes an unlikely friend in her therapy group.



THE IRON TRIAL

Author: Holly Black & Cassandra Clare

Publisher: Scholastic (2014)

ISBN: 9780545522250

The main character in this fun, adventurous middle grade fantasy has a limp that's realistically present yet never overtakes the story — a delicate balance.

[READ OUR REVIEW](#)



RAGE

Author: Jackie Morse Kessler

Publisher: Houghton Mifflin Harcourt (2011)

ISBN: 9780547445281

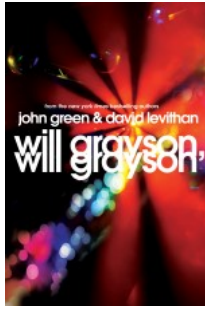
A girl who self-injures is tapped by Death to become War, one of the Four Horsemen of the Apocalypse.

[READ OUR REVIEW](#)

WILL GRAYSON, WILL GRAYSON

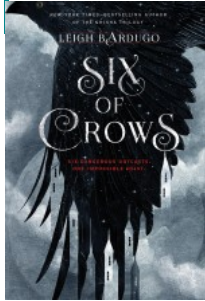
Author: John Green & David Levithan

Publisher: Dutton / Penguin (2010)



ISBN: 9780525421580

Told through alternating points of view, two wildly different boys — both named Will Grayson — cross paths and find their lives becoming increasingly entwined.



SIX OF CROWS

Author: Leigh Bardugo

Publisher: Henry Holt (2015)

ISBN: 9781627792127

A thief leads an unlikely group of criminals on an impossible heist in this fantasy adventure.

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TWO GIRLS STARING AT THE CEILING

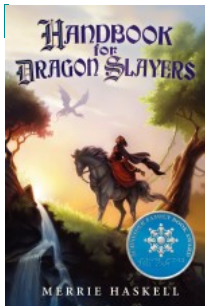
Author: Lucy Frank

Publisher: Schwartz & Wade / Penguin Random House (2014)

ISBN: 9780307979742

In this novel-in-verse, two girls with Crohn's bond over the course of a week while sharing a hospital room.

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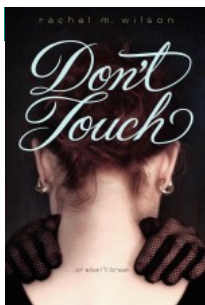
HANDBOOK FOR DRAGON SLAYERS

Author: Merrie Haskell

Publisher: HarperCollins (2013)

ISBN: 9780062008169

A fun, feminist fairy tale involving dragons, the wild hunt, and a librarian princess with a clubfoot.



DON'T TOUCH

Author: Rachel M. Wilson

Publisher: HarperCollins (2014)

ISBN: 9780062220936

A complicated friendship, budding romance, and theater drama — and one teen girl's authentically depicted struggle with obsessive-compulsive disorder.

[READ OUR REVIEW](#)

STRANGER

Author: Rachel Manija Brown & Sherwood Smith

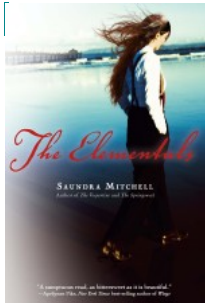
Publisher: Viking / Penguin (2014)

ISBN: 9780670014804



A teen boy deals with PTSD and a damaged hand in this richly populated western/post-apocalyptic YA novel.

[READ OUR REVIEW](#)



THE ELEMENTALS

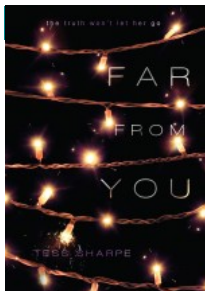
Author: Sandra Mitchell

Publisher: Houghton Mifflin Harcourt (2013)

ISBN: 9780547853147

Los Angeles, 1917: a free-spirited girl sets out to become a film director, and a boy disabled after a childhood bout with polio is determined to succeed on his own, each with a wondrous ability to manipulate the world around them ...

[READ OUR REVIEW](#)



FAR FROM YOU

Author: Tess Sharpe

Publisher: Hyperion / Disney (2014)

ISBN: 9781423184621

A small-town girl with chronic pain and mobility issues searches for the killer of the girl she loved; this dual-timeline YA is part mystery, part doomed romance.

[READ OUR REVIEW](#)